

10 Tips for Successful Dads

1. **Spend Time With Your Child.** For children, love is spelled T I M E.
2. **Play With Your Children.** Through play, men teach self-control and perseverance to kids.
3. **Be a Good Role Model.** Lasting values are “caught” by children more than “taught” by adults.
4. **Respect Your Child’s Mother.** A Child’s self concept is strongly linked to how their parents interact.
5. **Discipline With Love.** Give clear guidelines, give praise for positives, correct with kindness.
6. **Be a Good Teacher.** Take daily opportunities to help children develop a love for learning.
7. **Eat Meals Together.** Regular meals provide opportunity for healthy interactions.
8. **Read To Your Children.** Children read to daily have great advantages in their education. For fathers who do not read well, activities with wordless picture books help children get a good start on pre-reading and comprehension skills.
9. **Show Physical Affection.** Children feel more secure with regular comfort from fathers.
10. **Stick With It! Never Quit!** Be patient with your children and yourself—by seeking resources and support, father care can be positively enhanced.

